

**Small Group Circuit Classes (max 6 people)  
at The Wellness Barn, Swanston Farm**

**From January 2025**

Monday 6.30pm - 7.30pm

Tuesday 10.15 – 11.15am

Thursday 10.00 – 11.00am

Thursday 11.15am - 12.15pm

Message to check availability and book your place.

Cost: 4 week block £50